

jawun  
SINCE 2001

**GOULBURN MURRAY  
SECONDEE  
INFORMATION  
PACKAGE**





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## FREQUENTLY ASKED QUESTIONS

The information below answers some frequently asked questions - you may wish to refer to this again as you approach your secondment.

### Indigenous Organisations

The following pages, 'Introduction to Shepparton Indigenous Organisations' is the start of your background reading prior to secondment. It provides an overview of the Indigenous Organisations with whom we partner, along with a relevant website for each organisation (if available).

### What do I need to bring to Induction?

The Induction is a two-day information session followed by a two-day camping trip. We leave from the Induction info session to travel up to Morning Glory River Resort to camp, relax and eat well. During the camping trip we visit Cummeragunja Village, the Barmah National Park, and will head to Echuca on our way home. Both nights we will be out under the stars in swags. We are going to be near the Murray River, so the mosquitoes may be busy.

You will need to bring \$50 cash. This will go towards the camping food.

Dinners: Dinner on the Sunday night is on me, and will be in a local Shepparton venue. Tuesday and Wednesday we are camping and we organise the food for this on Monday night.

Lunches: Lunches on the Monday and Tuesday are provided, and we will have enough food for lunches whilst camping. It is always a good idea to bring some cash for last minute changes.

Breakfasts: you will need to prepare your own breakfast on the Monday and Tuesday mornings. Brekky on the camping trip will be covered by the \$50.

Note that dietary requirements can be catered for with advanced notice (please make note of these on your Medical Questionnaire). You may wish to bring your own snacks and grazing items for the trip.

The following is a list of items that would be considered mandatory for your own health, well-being and comfort. Whilst some items are obvious, people who forget obvious things end up uncomfortable and unhappy.

- Long sleeve shirts and pants (to protect from mozzies / ticks / leeches and sunburn)
- Extra clothes in case you get wet
- **Thermals/warm clothes (beanies, gloves, jacket)**
- Sturdy shoes for bush walking / mud / gravel
- Hat and sunscreen
- Insect repellent
- Water bottle
- Torch and camera
- Pillow and Sleeping Bag
- Towel
- Spare socks / underwear / shoes
- Any medications (Asthma inhaler / Panadol / anti-histamine etc) and toiletries

## **Photographs**

As a general rule, you should exercise common sense and respect peoples' dignity at all times. This includes requesting permission to take photographs and avoiding photographing in delicate or ugly situations.

## **Accommodation in Shepparton**

Secondees will be housed at Quest Apartments in Shepparton for the duration of their secondment.

Quest Apartments

177-183 Welsford Street, Shepparton 3630

Tel: 03 5814 4800

[www.questshepparton.com.au](http://www.questshepparton.com.au)

## **Transport and Parking in Shepparton**

The Parking inspectors in Shepparton are living quite comfortably. You have been warned! There are a number of all day parking areas, but are usually just as far to walk to/from as The Quest Apartments. There are also free 3-hour parking spots behind the Goulburn Ovens TAFE, however, they go early. The alternative is the parking building next to the mall in Stewart Street – at \$4.50 per day, come and go as you like.

There is also a bus service in Shepparton, however by the time it arrives, you will have likely been able to walk to your destination.

## **Dress Standard for Secondment**

During your secondment, your dress standard should reflect that of the other office workers at your partner organisation. Please discuss the appropriate dress standard with your local contact. There is an expectation that all secondees will dress modestly.

## **Salary**

The salary costs for secondees will continue to be met by their employing organisation.

## **Alcohol, Drugs, Gambling, and Smoking**

Under the terms of your secondment, if you choose to drink, you are expected to drink sensibly. As you are working for the community, it is important that you set a good example.

The Goulburn-Murray is an urbanized community, where you will not find alcohol restrictions as you may in some of the remote communities of Australia. However, many of the Aboriginal leaders and parents in the community do not allow drinking in front of children, therefore in some circumstances it is vitally important that consuming alcohol is completely avoided. If you are ever in doubt, do not hesitate to ask your Regional Director.

## **Expenses & Meals whilst on secondment**

Please check with your employer as to what expenses (i.e. fuel, food, etc) will be covered whilst on secondment (some companies give their employees a per-diem daily allowance for meals whilst away). At the conclusion of your secondment round, Jawun will invoice your organisation for any expenses we have incurred as part of your secondment and induction etc. Corporate partners are also responsible for any damage incurred to rental vehicles during induction, camping, and secondment.

## INTRODUCTION TO SHEPPARTON INDIGENOUS ORGANISATIONS

### Rumbalara Football and Netball Club (RFNC)

<http://www.rfnc.com.au/>



Inducted into the league in 1997, the RFNC is a local sporting club and is considered by some the heart of the Shepparton Indigenous community. The impetus was to improve physical and emotional health, education and employment of members and their families by focussing on Indigenous families and encouraging participation particularly by the youth.

*Rumba is a community and family orientated club that provides a culturally safe and supportive environment for all community members to chase and achieve their dreams. "Proud, strong family... that's Rumba" RFNC 2010*

#### RFNC also runs programs:

- **Healthy Lifestyle Program:** A holistic and multi-faceted program to build cultural strength, health and reconciliation. The Healthy Lifestyles program aims to build a strong and healthy community with a central focus on nutrition and exercise. All players, members, supporters and families are encouraged to lead healthy lives by making choices that lead to Good Physical, Spiritual, Social and Wellbeing for themselves and their Families.
- **Academy for Sport Health and Education (ASHE):** A partnership with the University of Melbourne to provide relevant courses in a trusted, culturally appropriate environment. ASHE is detailed below.
- **Rumba ripples:** Employment and training support for club members and their families. The Rumbalara Football Club in its holistic view towards closing the Indigenous health gap provides opportunities for training and employment through rumba ripples.

### Kaiela Institute

<http://www.kaielainstitute.org.au/>

Kaiela Institute is a start-up public think tank that was formed by the merger of KRIC/Kaiela planning council. The merger has allowed the Institute to build a team to conduct research and develop policy proposals in concert with the existing community service delivery services.

The Institute will identify, research and develop strategic policy interventions to accelerate positive social change in identified priority areas. The three areas of research are:

- Well-being
- Participation
- Productivity

The Kaiela Institute also deliver Employment and Language programs.

*The Kaiela Institute supports collaboration between Aboriginal and non-Aboriginal leaders to envision design and implement an inclusive future for all people in the Goulburn Murray region.*

## Academy of Sport Health and Education (ASHE)

<http://www.ashe.com.au/>



The Academy of Sport, Health and Education (ASHE) uses participation in sport, culture and training opportunities to undertake education and training within a trusted, culturally appropriate environment, particularly for Indigenous students.

The **ASHE programs** focus on individuals and their personal needs by providing individualised education and career planning. Major courses offered by the academy include the Certificates I Message Stick (VOC Prep), VCAL, Certificate IV Youth Work and Certificate II Aboriginal Health which are conducted with the Goulburn Ovens Institute of TAFE. These are modular and connected, providing opportunities and incentives for individuals to build credits towards certification at higher levels with flexibility of entry and exit points. Community-based short courses in areas of community development and leadership are also provided at ASHE. All programs are developed on a needs-based rather than age-based.

### Three factors central to the academy:

1. ASHE serves the needs of all people in the community, not only those with talent in sport.
2. The curriculum is cross-sectoral, focusing on individual needs, the identification of personal goals and direct links to employment and other education opportunities.
3. The partnership between RFNC and the University of Melbourne is a robust and powerful one. RFNC is at the hub of community leadership, with a proven record of delivering community programs. The University of Melbourne brings its academic expertise, organisational capacity and long-term commitment to engagement with the region through its Goulburn Valley Initiative. This partnership, in collaboration with Goulburn Ovens TAFE and its culturally friendly and flexible programs, forms the foundation of ASHE.

## Rumbalara Aboriginal Co-operative (“The Co-Op”)

<http://www.rumbalara.org.au/>



Since the establishment of Rumbalara (‘Rainbow’) as a Community Centre in the 1970s it has developed significantly. It was established as a place where the local Indigenous Community could meet for cultural and social activities, as well receive education, information and support in areas such as health, housing, welfare and cultural finance and admin, justice and aged care and disability.

In 1981 the Medical Clinic was established to provide health services needed by the Indigenous community. Rumbalara Aboriginal Cooperative is recognized today as a key stakeholder in Aboriginal Health. Maintaining a high profile within the Public and Private Sectors in areas such as Research, Consultancy, Policy Development, and Partnerships.

Rumbalara operates in a culturally appropriate and sensitive Community Controlled environment that maintains a Holistic approach to service provisions and emphasises the importance of Family and Community.

## Yorta Yorta Nations Aboriginal Corporation (YYNAC)

<http://www.yynac.com.au/index.php>



The name of the Association is Yorta Yorta Nation Aboriginal Corporation, reflecting the Yorta Yorta language spoken by all the Yorta Yorta clans, including the Kaitheban, Wollithiga, Moira, Ulupna, Bangerang, Kwat Kwat, Yalaba Yalaba and Ngurai-illiam-wurrung clans.

YYNAC is established, amongst other objectives, to represent the members of the Family Groups who are descendants of the Original Ancestors of the Yorta Yorta peoples; to acknowledge those Original Ancestors of the Yorta Yorta peoples; to make decisions and act on any matters of significance to the Yorta Yorta peoples; and to enter into agreements with any person, Government agency or authority in relation to the protection of Yorta Yorta country.

The YYNAC is governed by the Governing Committee and the Elders Council comprised of 16 Yorta Yorta persons for each representative constituent. The Chief Executive Officer manages the day-to-day operations of the organisation, cultural heritage officers, researchers and administrative personnel.

## Ganbina

<http://www.ganbina.com.au/>



Ganbina's aim is to empower Indigenous communities to achieve true social and economic equality with other Australians within the next two generations. To achieve this, they work with young people throughout their secondary school years to make sure that they get the right education, jobs training and life skills they need in their formative years to enable them to reach their full potential as adults.

By successfully completing their secondary education and going on to tertiary training, meaningful employment and ultimately financial independence, we know that these young people are an inspiration to others in their communities to do likewise. In effect, they act as 'agents of change', ultimately helping to break the cycle of long term generational unemployment and welfare dependency among Indigenous people.

It's a genuine 'Hand Up' rather than 'Hand Out' approach. It is represented graphically by our logo of two hands reaching out to help one another, circled by the rising sun which symbolises the dawning of new opportunities in life.

To date, over 500 young Ganbina participants have seized these opportunities wholeheartedly. As a result, they are all well on their way to securing meaningful and financially independent futures.

## **Gallery Kaiela**

<https://www.facebook.com/GalleryKaielaIncorporated>

The Gallery was established in 2006 and have grown slowly over the years and now represent approximately 50 Aboriginal Artists from the Kaiela Dungala (Goulburn Murray).

As well as providing a point of sale for artists work the Gallery is committed to:

Providing professional development opportunities and workshop space to our artists, promoting the South Eastern Australia Aboriginal Art style, provide education and connection to culture through art, in schools and with the Aboriginal & wider community. Gallery Kaiela sees itself as having a responsibility to promote physical, spiritual and emotional wellbeing through engagement in art for both its artists and the community.

The Gallery employs two permanent part time Aboriginal Staff and a part time Manager as well as employing artists as independent contractors to deliver programs and projects.

## **Njernda Aboriginal Corporation**

<http://njernda.designexperts.com.au/>

Based in Echuca, Njernda Aboriginal Corporation formerly the Echuca Aboriginal Cooperative PTY LTD was established in 1974 by local Aboriginal people fighting for recognition and self-determination. Echuca is located on the Murray River in Northern Victoria and is within the traditional lands of the Yorta Yorta Nation.

Njernda means "to know our living culture" in the Wemba Wemba language of northern Victoria, Southern NSW. Like many other Aboriginal co-operatives across Australia, we believe in a holistic view of health that recognises the inter-connectedness of body, mind and spirit... not just of the individual but of their family and the community. This means we work across a range of program areas including housing, employment, cultural heritage, education, child care and health.

## PRE-SECONDMENT READING (Compulsory)

Prior to your placement, you should be very familiar with the reasons that we are holding secondments in Shepparton. To prepare you it is essential that you read and understand the pre-secondment reading material provided.

Web links have been highlighted below and will be assumed to have been read. They include historical information regarding the Indigenous people of the Goulburn-Murray and attempt to provide some context to the Community.

For a background to Jawun, you will need to read Noel Pearson's '*Our Right to Take Responsibility*' and the Jawun brochure.

### Publications:

**Paper:** Atkinson, W., 2005. Yorta Yorta occupation and 'the search for common ground'. *Proceedings of the Royal Society of Victoria* 117(1): 1-22. ISSN 0035-9211.

**Paper:** *Our Right to Take Responsibility* - Noel Pearson

### Web links:

Cummeragunja and Yorta Yorta

<http://en.wikipedia.org/wiki/Cummeragunja>

<http://www.yynac.com.au/>

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Historical account of Margaret Tucker from Cummeragunja:

Read Pages 10 -15

<http://books.google.com.au/books?id=MWngZ6wvslwC&pg=PA12&lpg=PA12&dq=cumeragunga&source=bl&ots=1oS9RZ2i9Z&sig=lwP->

[QRsa8arutz2WwryfHWluMY&hl=en&ei=672rTKHdCliyccLi9MQE&sa=X&oi=book\\_result&ct=result&resnum=4&ved=0CB0Q6AEwAw#v=onepage&q=cumeragunga&f=false](http://books.google.com.au/books?id=MWngZ6wvslwC&pg=PA12&lpg=PA12&dq=cumeragunga&source=bl&ots=1oS9RZ2i9Z&sig=lwP-QRsa8arutz2WwryfHWluMY&hl=en&ei=672rTKHdCliyccLi9MQE&sa=X&oi=book_result&ct=result&resnum=4&ved=0CB0Q6AEwAw#v=onepage&q=cumeragunga&f=false)

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Shepparton information

<http://www.greatershepparton.com.au/>

## USEFUL INFORMATION / SHEPPARTON FACILITIES

Following is some relevant information about the facilities available in Shepparton. Please take the time to familiarise yourself with this information before your secondment so you can make the most of your time in the community.

### **Protocols**

You will be briefed on protocols when you arrive at your placement. However, as a general rule you should exercise common sense and respect people's dignity at all times. Please be guided by the advice of the staff at your Indigenous Partner Organisation.

### **Local Facilities**

#### Banks:

ANZ: Corner of Fryers and Wyndham. Good landmark if lost too.

WBC: 320-322 Wyndham Street.

CBA: 347 Wyndham Street

NAB: 381 Wyndham Street

#### ATMs

At all banks.

#### Restaurants/cafés:

Given the rich multicultural environment, there are excellent places to eat.

Cheap and Quick:

- *Noodle Canteen*, 21 Vaughan Street Shepparton
- *Mustafa's*, next to Noodle Canteen
- *Lutfiye's Shishkebab*, 338 Wyndham Street Shepparton

Past Secondee Favourites:

- *Teller Collective*, 55 Fryers St (Ex Sous Chef to Jaque Raymond; just great food)
- *The Last Straw*, 24 Keppel St (Organic coffee and Thai Food)
- *Desi Tandoori Bite*, 30 King St (Good Indian food!)
- *GB Coffee*, 254 Maude St (best coffee within walking distance)
- *Friars Café*, 127 Fryers St (breakfast and lunch – popular community hang out)
- *Madison's Café*, 16 Fraser St ( in the Maude Street Mall)

Otherwise, feel free to explore and add your two cents worth to the list!

#### Supermarkets/grocery stores

Coles is corner of Maude and Vaughan Streets.

### Shepparton Train Station

The railway station is located in Purcell Street on the East side of the line. It would be walking distance if one could cross the tracks at the Station; however, it turns out to be a bit of a hike with bags etc. Best to get a Taxi, or have someone pick you up. Otherwise, the train is a good way to travel between Shepparton and Melbourne, and only \$17 one way.

Timetable:

<http://www.vline.com.au/pdf/newtimetables/shepparton.pdf>

### Shepparton to Melbourne Airport

AIRPORT DIRECT goes from various locations in Shepparton to Melbourne Airport. It is \$44 one way.

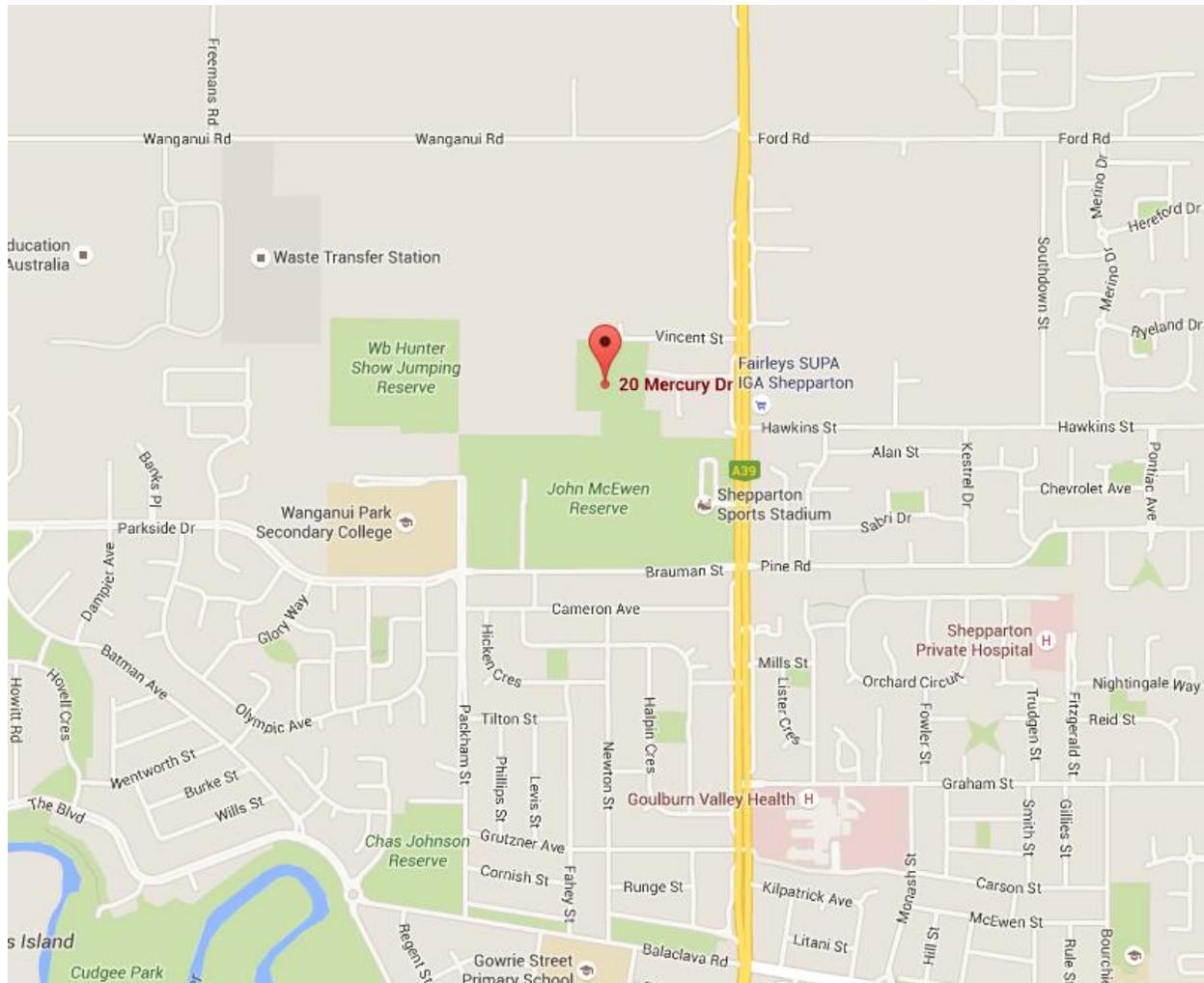
<http://www.airportdirect.com.au/>



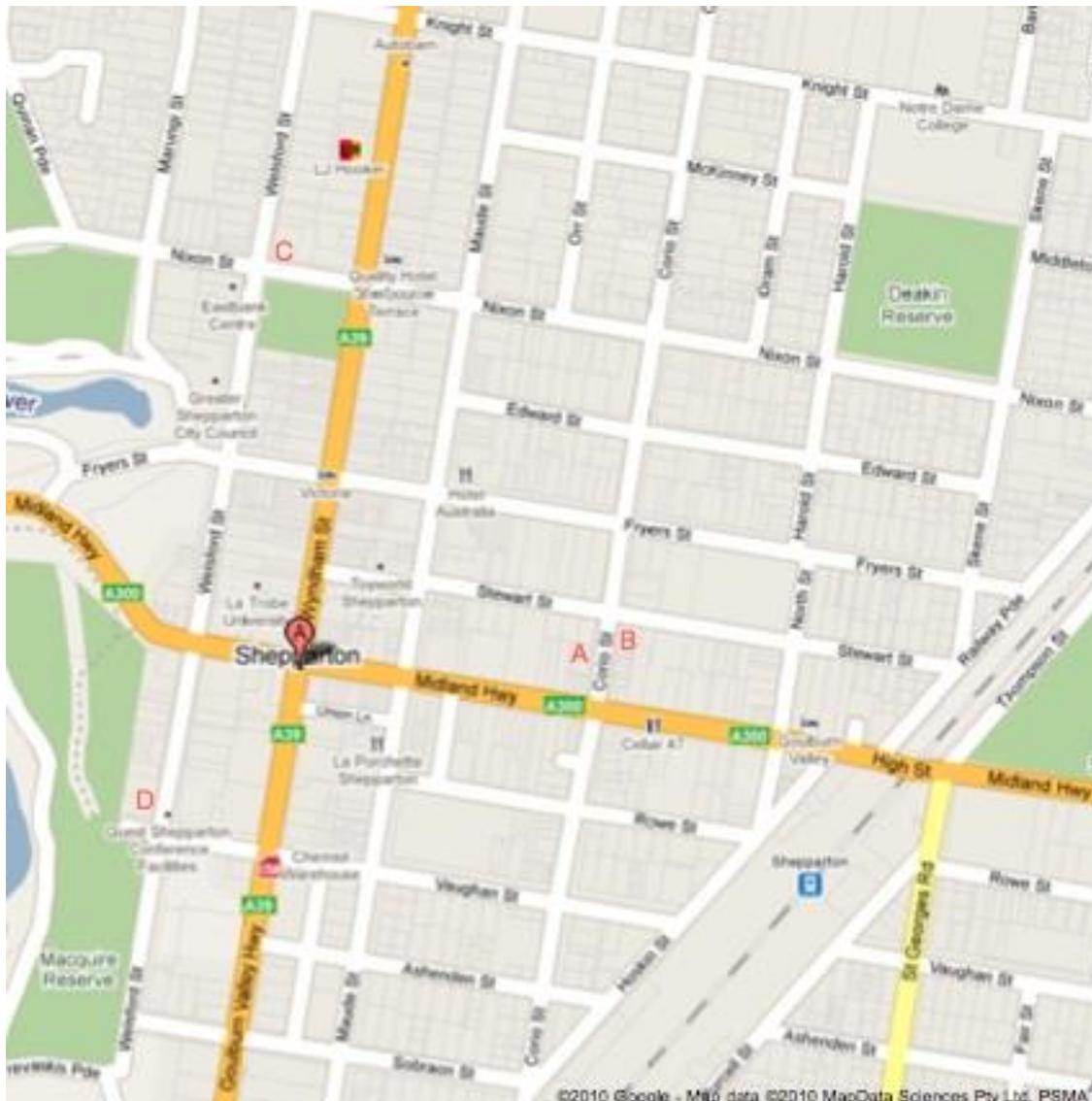
## LOCATION OF INDIGENOUS PARTNER ORGANISATIONS

Please see the following maps for a guide to the location of your secondment Partner Organisation.

### Rumbalara Football & Netball Club (RNFC), 20 Mercury Drive, Shepparton



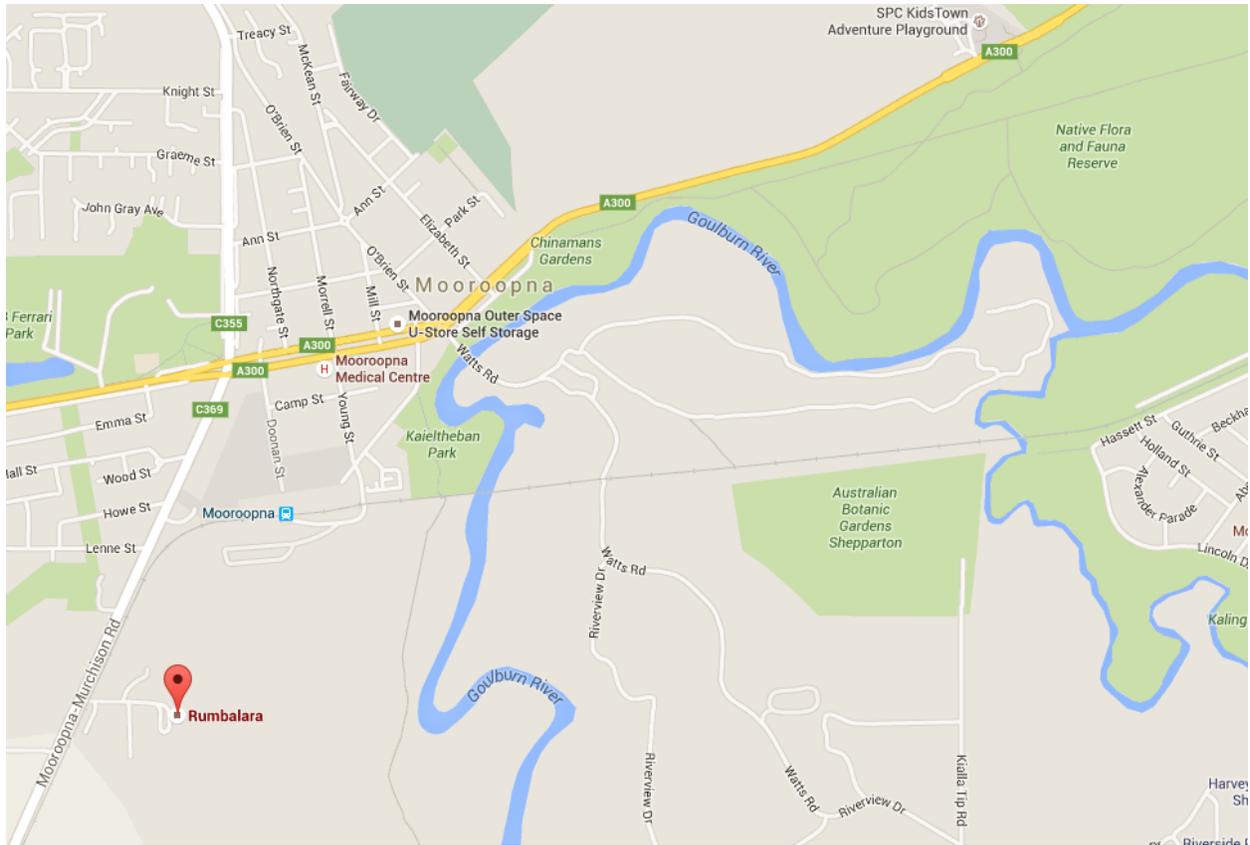
## Shepparton Indigenous Organisations and Accommodation



### Legend:

- A – Kaiela Institute (Kaiela Planning Council), 170 Corio Street
- B – Koori Resource Information Centre, 163 Corio Street
- C – ASHE (Academy of Sport Health and Education), 21 Nixon Street
- D – The Quest Apartments, 177-183 Welsford Street

## Rumbalara Aboriginal Cooperative, 20 Rumbalara Road, Mooroopna



## Morning Glory River Resort (Gilmour Road Barmah) and Cummeragunja

